XRHealth

XRHealth: Virtual Reality Therapy for Veterans

FDA-Registered • Real results • Available through federal procurement channels where clinically appropriate

VA providers ready to place an order can find ordering details here:
xr.health/us/va-procurement

About XRHealth

Our FDA-registered VR system delivers self-guided therapeutic programs and peer social support groups, helping veterans manage pain, trauma, anxiety, and stress from the comfort of home.

Grounded in cognitive behavioral therapy (CBT) principles, our programs are used nationwide in rehabilitation and behavioral health settings.

Treatment Areas

- Peer Social Support
- Depression
- Anxiety
- Loneliness
- Chronic Pain
- Substance Use Recovery
- Grief & Loss

What's Included

FDA-registered DME VR headset

Preloaded therapeutic programs

Step-by-step onboarding call

Ongoing support for your device

Peer social support community

Over 50,000 patients, including 5,000 Veterans, have used XRHealth and reported improvements in symptoms.

XRHealth Treatment Outcomes (90 Days):

- 37% Reduction in depression
- 30% Reduction in anxiety
- 51% Improvement in pain intensity
- 83% Improvement in daily function
- 91% Adherence rate

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(857) 706-4908 veterans@xr.health www.xr.health

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At-Home VR Therapy as an Adjunct to Clinical Care

XRHealth enables clinicians to prescribe a FDA-registered, home-based virtual reality therapy for eligible Veterans as an adjunct to existing treatment plans.

XRHealth does not replace clinician-directed care; treating providers retain clinical oversight, while XRHealth manages device provisioning, patient onboarding, and technical support to facilitate continuity and adherence.

A community that gets it

Over 5,000 Veterans have found community in Innerworld, sharing experiences and growing together. Through trained guides, they access group support sessions with evidence-based mental health tools. Innerworld has supported Veteran-focused programs at multiple VA Medical Centers since 2024.

See what Veterans are saying:

About the XRHealth Platform

- Grounded in 30+ years of research on VR and CBT.
- Used by 2,000+ clinicians across the United States.
- Over 1 million XR therapy sessions delivered with 91% adherence and 93% retention rates.
- Pre-configured headset with full technical and clinical support included.

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